



MOBILE DAY SPA, SALON & LIFESTYLE PROVIDERS

www.Spa-Gos.com Call 213/258-8191 Email: Anne@Spa-Gos.com

Menu Of Services & Pricing

MASSAGE & THERAPIES:

***Known to cause temporary bruising and soreness**

\$150 Scalp Massage, per hour or in quarter hour add ons

\$150 Craniosacral Massage, per hour or in quarter hour add ons

\$150 Facial and Vocal Throat, Neck & Shoulder Massage, per hour or in quarter hour add ons

MASSAGE EXPERIENCES:

CHAIR MASSAGE \$150/hour

for parties, events and corporate settings when a table is not an option. Just \$125 per hour. We serve small to large groups - no size group too large or too small.

SWEDISH MASSAGE \$150/hour

A gentle massage with easy effleurage movements performed on your whole body. Reduces stress and allows for mental rest and relaxation. Light pressure. Perfect for seniors, the elderly and children or those who prefer light pressure and touch.

COMBINATION STYLE MASSAGE THERAPY \$165/hour

This service is our most requested massage with most of the body receiving lighter pressure and deeper pressure being applied to the shoulders, neck and low back regions. Feel free to customize it with the technician.

DEEP TISSUE SPORTS MASSAGE \$175/hour

Men or athletes love our upgraded deep tissue massage mixed with complimentary stretching in our 90 minute services. Have 60, 90 or 2 hours of care. Great for pre competition or post competition or just because you are the type that carries the world on your shoulders.

CUPPING AND MASSAGE THERAPY \$150/hour

My go to service for deep chronic pain. If you haven't tried a massage mixed with cupping - now is the time! They are little cups placed on areas of tension that pull the tissue up and away from the adhesions - also called myofascial release. Very ancient and incredibly detoxifying.

4 HANDED MASSAGE \$300/hour *2 techs

We send two technicians to perform a massage simultaneously. It is the best of both worlds as all of your body, right and left sides, are worked on at the same time.

THE PANACEA MASSAGE EXPERIENCE \$225 for 90 min.

This comes with 60 minutes of combination style massage with a 30 min. body scrub or rich mineral mud application. Removed with steamed towels. A sage smudge starts this session and music of native American Indian flutes play as the therapist follows the rhythms for a unique experience session. My favorite!

HAWAIIAN DREAMS LOMI LOMI MASSAGE EXPERIENCE \$225 for 90 min.

Can't get to Hawaii - let us bring our customized Hawaiian Lomi Lomi style massage to you! A beautiful healing service with gentle massage strokes to relax and relieve tired body and mind. We pair music of nature with dolphins, ocean waves and rhythms paired with breath work, hot stones, ylang-ylang aromatherapy and steamed towels to soothe and stimulate all the senses.

HOT STONE MASSAGE Just \$150 per hour

Enjoy the warmth of hands and stones all over your body to work out tension and give you the best in restful relaxation. One of our house favorites!

COUPLES MASSAGE SERVICES

Two staff arrive and set up together for 2 people to enjoy side by side treatments. Start at the same time and end at the same time. Perfect for sunrise or sunsets services. Choose inside or outside. Able to customize your service. Pricing tbd.

AFRICAN TRIBAL MASSAGE EXPERIENCE \$225 for 90 minutes

If you like massage experiences this is a unique service performed to Gabrielle Roth's soundtrack Ritual. This begins with ancient aroma inhalations of Neroli from Northern Africa and symbolic hand drumming over your body to set your energy channels to "receive". The massage itself is a mix of a combination style massage with tapping, pulling and rocking worked in for one of the most balancing services you will ever have.

THE TURKISH MASSAGE THERAPY ANCIENT VENIK EXPERIENCE \$250.00 for 90 min.

Wait until you have this new experience. Our Turkish Massage with oak and eucalyptus leaves that are soaked and steamed and applied with light "whipping" techniques all over your body with a broom type instrument called a Venik. Oak Bath Broom has a strong anti-inflammatory effect. Oak leaves contain a large amount of tannin. Essential oils in the leaves and twigs improve the metabolism, calms the nervous system after physical and mental exercises. Customized music is played to complete the experience to create the most authentic style massage ritual. The oak and eucalyptus rich smell that is produced during the steaming process has a relaxing effect on people, reducing stress. \$250.00 for 90 minutes and you get to keep the broom to use in the shower or in home sauna.

PRE-NATAL, BIRTHING & AFTER DELIVERY MASSAGE SERVICES

\$165 Pregnancy (Pre, During & After) Massage (\$250 for 90 min) (\$330 for 2 hours)

we will come right to the delivery room with you! Not as a midwife, not as a medical provider, as a support person who gives relieving massages to your back, hands, feet, and scalp regions to help with the trauma the body experiences during birth and helping with comforting the mother and relieving the pain as much as possible. This service requires a 2-hour minimum.

MASSAGE ADD ON'S:

Hot Towels \$35.00

Full Body Scrub: \$150.00; Half \$75

Foot Scrub Treatment \$75.00 *includes hot towel. Scrub, massage, and wrap – 30 min.

Hand/Forearm Scrub: \$50.00 *includes hot towel wrap

You can direct how much time you want on each part of your body making sure this massage is based on what you like and how you like it done. It's your time! You can also get 2 hours of time customizing your service to add on scalp, craniosacral or foot

FOOT TREATMENT SPECIALTIES

Mini Daydream Foot Delight 30 min

150.00

This is your time to rejuvenate your body after taking in nature's beauty or after a long day on your feet. Let us transport you to a state of bliss one foot at a time. We will begin with a massage and mask on your feet featuring farmhouse fresh honey heel glaze. We will then envelop your feet in warm towels while we address your neck and shoulders then we will finish up with some extra TLC for those deserving feet. This is called the hiker's delight! This is just a 25 min. mini delight. If you need more time book the below 50 min or 80 min delights to indulge in more time spent on your feet, legs, back and neck.

Angel Care Foot Delight 60 min

\$175.00

This is your time to rejuvenate your body after taking in nature's beauty or after a long day on your feet. Let us transport you to a state of bliss 1 foot at a time. We will begin with a massage and mask on your feet featuring farmhouse fresh honey heel glaze. We will then envelop your feet in warm towels while we address your neck and shoulders then we will finish up with some extra TLC for those deserving feet. This is called the angel care delight! Book this 80 min delight to indulge in more time spent on your feet, legs, back and neck.

Cloud 9 Foot Delight 90 min

\$200.00

This is your time to rejuvenate your body after taking in nature's beauty or after a long day on your feet. Let us transport you to a state of bliss 1 foot at a time. We will begin with a massage and mask on your feet featuring farmhouse fresh honey heel glaze. We will then envelop your feet in warm towels while we address your neck and shoulders then we will finish up with some extra TLC for those deserving feet. This is an 80 min treatment, the ultimate, called the cloud 9-foot delight!

Ionic Detox Foot Bath Delight 30 min or 60 min.

\$150.00 for 30 min and \$225 for 50 min. which includes a 15 min. foot massage and \$300 for deluxe that includes the detox, massage, and a guided meditation.

Simply enjoy a nice warm soak in the specialized foot spa and detox and relax at the same time. Recommended twice a week for 3-4 weeks for optimal benefits. People have said they have the boosted results: *Feel More Energy *Clear Your Skin Complexion *Balance PH Levels *Boost Your Immune System *Reduce Swelling and Inflammation *Improve Focus and Mental Clarity. Toxins come from smoking, drinking alcohol, consuming foods with pesticides, beauty products such as shampoo, deodorant, perfume, make-up contain parabens, formaldehyde and aluminum which are harmful and tax the body of optimal functions. By passing 24 volts of DC current through the water containing an

electrolyte solution, the foot bath spa generates flowing negatively charged electrons which enter your bloodstream through your feet via osmosis and help decrease and reduce stored toxins neutralizing the negative effect on cells, DNA and your body's overall general function. You will be detoxing up to 48 hours after your treatment. Enjoy an enhanced ionic foot bath experience today.

HAIR AND BARBER SERVICES

STYLING AND BRAIDING – MAKE-OVERS

Depending on needs of clients – Please ask for a consultation of care. We have African American hair experts, braiders, and a bevy of experienced contractors all offering their own menu of services that they have been trained in. Waxing specialists and other advanced care technicians.

MANICURE – PEDICURE & NAIL CARE:

*Note: must book \$150 in sales to receive care

Manicure \$99

Includes soak, cuticle care, cut down if needed, file shaping, lotion application and polish.

Pedicure \$150

Includes soak, exfoliating scrub to lower legs and feet; cuticle care, cut down if needed, file shaping, lotion application and two coats of polish.

Combination Manicure & Pedicure: \$200.00

Includes soak, cuticle care, cut down if needed, basic massage, exfoliating scrub to lower legs and feet, file shaping, lotion application and polish.

Gel Manicure & Gel Pedicure: \$270

Includes all the above in our best manicure and pedicure care plus gel on hands and toes.

THE SUPER DELUXE ULTRA LUXURY MANI-PEDI TREATMENT: \$270 (plan 90-100 minutes of time)

All of the above, plus callus, scrub and 15 minutes extra massage time to hands and feet and hot towels.

The Works: \$455 without gel and \$525 with gel

Includes all the above in our best manicure and pedicure care, scrub, callus treatment, additional massage time to hands and feet, paraffin to hands and feet and (gel on hands and toes). *Can substitute high buff shine treatment for gel.

ADD ONS:

Special: Detox Foot Soak \$150 *a specialized ion treatment

Safe Callus Removal (gel) \$35

Scrub Softening Treatment \$now included with all pedicures - add to hands for \$35

Gel Hands \$35; Toes \$35; (If Glitter, Add \$10 more)

Design \$5 per nail

Gel Removal \$35 hands and \$35 toes

Extra Massage Time: \$35 for 15 minutes; \$70 for 30 minutes

Hot Towel Wrap: \$35
Hot Stones: \$35
Paraffin Dip \$75 per hands and \$75 for feet

ACRYLIC & SPECIALTY NAILS

Fill \$175 *gel overlay +\$35 *our most requested

Full Set \$175 *Ombre \$225 + *Gel Overlay +\$35 (long +\$50)

Dips or Gel X Full Set \$225

Deluxe Full Set With Gel Overlay and Dramatic Styling, Decals, Elements or other Bling \$245.00

\$50 add on for specialized hand shaping: Coffin, Stiletto, Almond or Oval Egg

\$50 for specialized polish: French or Reverse French or other trending style

\$55 For Removal Of Old Nails with purchase of a full set

\$55 Encapsulate Design Work (elements inside of nails)

\$175 for removal of nails with special protein conditioning treatment upon return to natural nails.

FACIALS/ESTHETIC/WAXING CARE:

*Products used are based on skin consultation with your esthetician.

Basic Facial \$165 hour plan 1 hour

A simple steam and scrub cleansing facial (no extractions). Use of top products that are clinically proven to remove dull aging skin and leaving your face feeling and looking it's best.

Deluxe Facial \$185 plan 1.5 hours

A full steam facial with 2/3 Scrubs used with hot steamed towels including a hand massage and foot massage 5/6minutes each. Application of anti-wrinkle serum and 30% sunscreen applied or night cream. Facial massage performed during service includes a cranial massage. Products used are clinically proven to remove dull aging skin and reduce the appearance of fine lines and wrinkles, enlarged pores and blemishes. Recommend series of at least 6 for optimal results and regular care thereafter. Extraction to be determined.

Anti-Aging Facial \$225 plan 2 hours

This facial is an advanced facial and includes all the steps in our Deluxe Facial (above) with the addition of a Micro-Derm style procedure. May not be recommended for certain skin types of those with broken skin. Products used are clinically proven to remove dull aging skin and reduce the appearance of fine lines and wrinkles, enlarged pores and blemishes. We recommend a series of at least 6 for optimal results and regular care thereafter. Extractions to be determined.

Signature European Facial \$250 plan 1.5 hours

This is a perfect introductory facial which can also be continued as an ongoing treatment routine. It consists of steamed towels, detox, dead skin exfoliation, extractions to rid pores from impurities, customized treatment masks, nutrient enriched serums and moisturizers that will leave your skin feeling refreshed and healthy. Alternate this facial with our other professional treatments for maximum results. Happy Skin, Healthy Body!

Acne-Free Enzyme Facial \$280 plan 2 hours

customized with care to meet the immediate needs of acne prone skin. Our goal is to help correct and maintain healthy skin for an acne-free lifestyle. It consists of a deep double cleansing, steam towel wrap detox, natural fruit enzymes antiseptics, antioxidants and anti-inflammatory ingredients to exfoliate and soften clogged pores, detailed extractions, lymph drainage facial massage, customized treatment masks and hydrating serums and moisturizers to balance the skin. Areas this will help: acne, congestion, blackheads, ingrown hairs, pore inflammations.

Glow & Go Facial \$165.00 plan 1 hour

A mini facial that nourishes your skin and revitalizes your complexion with a perfect hydrating pick me up that will leave your skin glowing inside out.

Teen Facial \$150.00 plan 1 hour

Tailored with care to meet the immediate needs of teens and pre-teens. This facial includes an in depth consultation and at home regimen training and recommendation. Great for problematic skin concerns due to hormonal changes.

Kids Tea Party Facial For 5 Guests: \$625.00

Comes with a class instruction and fun time for all!

Kids under 12 add on this to a parent's above facial \$37.50 for a quarter hour; \$50 for 20 min; \$75 for 30 min.

Gentle and pampering facial is kind to the skin, spoiling to the soul and helps to instill healthy facial cleansing habits at home. Includes cleansing, mask and moisturizing facial massage.

FACIAL ADD ON'S:

Hot Towels \$35.00

Add Upgraded Serum, Like Vitamin C \$50

Full Body Scrub: \$150.00

Foot Scrub: \$50.00 *includes hot towel wrap

Hand/Forearm Scrub: \$50.00 *includes hot towel wrap

Décolleté Facial: \$150.00

Back Facial: (double above facial amounts with choice of)

Gluteal Facial: (double above facial amounts with choice of basic or deluxe)

MAKE-UP ADD ON TO FACIALS

Natural Woman Make-Up \$320

On the glow facial and make-up application combination

Girl's Night Out Make-Up Application \$400

On the glow facial and luxury strip lashes and make-up application

Glitz & Glamour Make-Up Application \$600

On the glow facial, “lash extensions” and make-up application

Bridezilla \$1,440

Luxury facial with queen massage and body scrub, Brazilian waxing, derriere waxing, full leg and arm waxing, armpit waxing, bow waxing, lip waxing, “lash extensions”, and make-up application.

Gentleman’s Make-Up \$280

On the glow facial and make-up application

EXPERT WAXING

Nostril Waxing, 15 min. \$35

Eye Brow Waxing, 15 min. \$35

Top and Bottom Lip Waxing, 15 min. \$35

Cheek Waxing, 15 min. \$35

Side Burn Waxing, 15 min \$35

Chin Waxing, 15 min. \$35

Full Face Waxing, \$99

Male Brazilian Waxing, 45 min \$225

Female Brazilian Waxing with Vagial, 75 min. \$175

Vagial, 30 min. \$125 *cleanse, scrub, moisturize – a facial for your vaginal area

Bikini Waxing with Smoothing Scrub, \$135

Derriere Waxing, 15 min \$99

Derrier Crevice Waxing, \$50

Whole Leg Waxing, 1 hour \$135

Half Leg Waxing, 30 min. \$99

Whole Arm Waxing, 30 min. \$99

Half Arm Waxing, 15 min. \$75

Underarm Waxing with Smoothing, 15 min. \$75

Back Waxing, 30 min. \$155

Stomach Waxing, 30 min. \$99

Chest Waxing, 15 min. Price \$99-\$125

GLAMOROUS LASH APPLICATIONS

Experience Natural and Fuller Lashes With A Custom Applied Set Of Lashes.

Precision applied eyelash extensions that provide beautiful, long-lasting results.

Your stylist will create the perfect luxury lash look for you. Using proprietary tools developed for and unique to Lashes, Able to achieve the safest, smoothest lash application possible. This means that results last longer with minimal damage to the natural lashes.

"Traditional Individual Eyelashes," are an excellent choice for both everyday wear and special occasions. ... Flare eyelashes are applied using a two-week eyelash glue that bonds to the client's existing lashes. Depending on application skill level; lashes last from one to two weeks

Level 1 Lashes: Natural Single Lashes with Invisible Lash Line

Enhance the natural beauty of your eyes with subtle length and thickness. Single lashes create a low-key, classic look that's durable enough to last through multiple workout sessions.

Even from close-up, these lashes look and feel like they're yours.

Full Set \$240 (2 hours)

Retouch \$160 (2 hours)

Level 2 Lashes: Natural Lashes with Eyeliner

Combine all the grace of our single lashes with the appearance of eyeliner. Our level two lashes are fuller at the base, which creates a beautiful eyeliner look. Wake up refreshed and doe-eyed without a single coat of mascara.

Full Set \$360 (2.5 hours)

Retouch \$200 (2 hours)

Level 3 Lashes: Voluminous Lashes with Enhanced Eyeliner

This classy silhouette is a few notches up from simplicity. Perfectly enhanced eyeliner and fluttery lashes add a touch of drama to your everyday look without fully stepping into high glam territory. A clean application means that these lashes look more subtle and natural as they grow out.

Full Set: \$400 (3 hours)

Retouch \$280 (2.5 hours)

Level 4 Lashes: Dramatic Voluminous Lashes with Enhanced Eyeliner

Our voluminous lashes are fully customizable so you can achieve your desired "beyond mascara" effect. Our precise application technique allows our dramatic lashes to grow out clean and tasteful.

Full Set: \$440 (3.5 hours)

Retouch \$320 (2.5 hours)

LASH FAQ:

Once you have decided on your lash look, your expert will prep your eyes, apply the lashes and show you how to care for them between appointments. Application times vary. New sets can take up to 2.5 hours while retouches can take anywhere from 1-2 hours. Each lash is individually applied to the lash line using a safe, semi-permanent eyelash adhesive. Our technique minimizes damage to the natural lashes and lash line, allowing the extensions to grow out straight so they blend in with your natural lashes. That means you can wear them longer!

HOW LONG DO THEY LAST?

Typically, our lashes last anywhere from 4-6 weeks if you are following the care instructions provided by your stylist. We encourage touch-ups every 3-6 weeks to maintain your look. Typically, our lashes last anywhere from 4-6 weeks if you are following the care instructions provided by your stylist. We encourage touch-ups every 3-6 weeks to maintain your look.

WARNING:

if you have highly sensitive or reactive skin or suffer from contact dermal allergies, we always recommend that you consult your physician prior to any extension application.

Fab luxurious extensions while maintaining your natural lashes! There's always a risk of pulling out your natural lashes in the process, which can cause bald spots on your lash line. Our patented Cutting Tweezers work to drastically reduce the procedural tugging and pulling required to properly apply extensions. The tweezers also allow us to separate lashes that are glued together. As a result, the thinning and shortening of natural lashes is dramatically reduced.

CONTACT LENS:

Your lashes will not interfere with your lenses or your vision.

AFTER CARE & MASCARA:

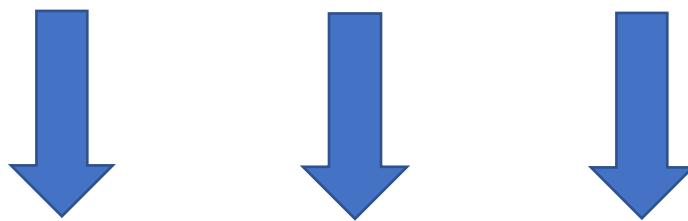
Use water-based mascara like Maybelline Great Lash Mascara, Clinique Naturally Glossy Mascara, and Benefit Bad Gal Mascara. *When having a fill, avoid wearing mascara for the entire week prior.*

To clean: Gently wash and massage them between your fingers with a water-based cleanser. Make sure to pat them dry. If you need to remove excess makeup from your lid, use a fresh cotton swab. Finish by quickly grooming your extensions with an upward brush of a **clean** mascara wand (you can purchase one in a beauty supply store).

HOW DO I REMOVE THEM?

You have two choices. Allow them to grow out naturally over the course of 1-2 months or you can opt to have "The Removal", which is what we call the phasing out of eyelashes. During the Removal clients can book a removal entirely, or we can phase you down slowly, so nobody notices the gradual decrease in your lashes. We match the extensions to your natural eyelashes or use natural solvents to gently remove the extensions.

DON'T FORGET



FITNESS – YOGA – PILATES – PERSONAL TRAINING – WATER AEROBICS & MORE!

Spa Parties

Birthday Spa Parties

Office Appreciation Events

Corporate Seated Massage

Stress Reduction Services

Surprise Parties

Comic Con Make-Over Action Parties

Office Photo Days

Queen Parties

King Parties

Couple's Staycations

Princess Parties

Hair Braiding Events

Corporate Wellness

Tenant Appreciation

Baby Doll & Me Tot's Party

Bridal Packages for Pre & Post Services

Seniors

Assisted Living

Hospice

Reality Shows & Production Companies

Hotel Amenity Care To Your Guest's Door

Retail Promotions

Class Instruction – Learn How

Gift Services

Anything You Can Think We Can Create...